

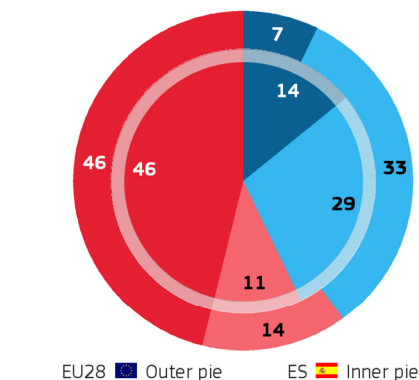
28.031 interviews
02 > 11 / 12 / 2017

1.024 interviews
02 > 09 / 12 / 2017

Methodology: face-to-face

1. FREQUENCY OF EXERCISE OR PLAYING SPORT

QB1 How often do you exercise or play sport?
(%)



	EU28		ES	
	EB88.4	EB88.4-EB80.2	EB88.4	EB88.4-EB80.2
Regularly	7	-1	14	-1
With some regularity	33	=	29	-2
Seldom	14	-3	11	+1
Never	46	+4	46	+2
Don't know	0	=	0	=

Evolution 12/2017 (EB88.4) - 11-12/2013 (EB80.2)

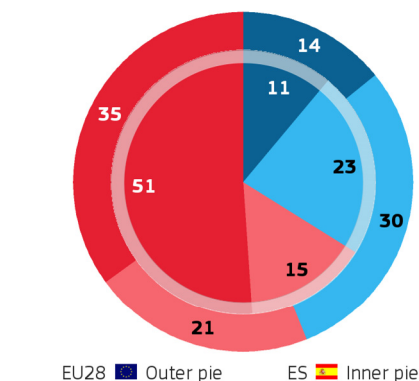
QB1 How often do you exercise or play sport?
(%)

	EU28	ES
Never or seldom		
TOTAL	60	57
Gender		
Men	56	51
Women	64	63
Gender * Age		
Men 15-24	29	20
Men 25-39	49	41
Men 40-54	59	56
Men 55+	70	66
Women 15-24	47	41
Women 25-39	59	61
Women 40-54	64	61
Women 55+	72	70
Respondent occupation scale		
Self-employed	54	60
Managers	46	34
Other white collars	56	43
Manual workers	65	57
House persons	77	71
Unemployed	63	52
Retired	72	72
Students	27	27

Socio-demographic breakdown

2. FREQUENCY OF ENGAGING IN PHYSICAL ACTIVITY OUTSIDE SPORT

QB2 And how often do you engage in other physical activity such as cycling from one place to another, dancing, gardening, etc?
(%)



	EU28		ES	
	EB88.4	EB88.4-EB80.2	EB88.4	EB88.4-EB80.2
Regularly	14	-1	11	=
With some regularity	30	-3	23	-4
Seldom	21	-1	15	+2
Never	51	+5	51	+2
Don't know	0	=	0	=

Evolution 12/2017 (EB88.4) - 11-12/2013 (EB80.2)

QB2 And how often do you engage in other physical activity such as cycling from one place to another, dancing, gardening, etc?
(%)

	EU28	ES
Never or seldom		
TOTAL	56	66
Gender		
Men	53	60
Women	59	72
Gender * Age		
Men 15-24	43	41
Men 25-39	52	48
Men 40-54	55	69
Men 55+	56	69
Women 15-24	53	51
Women 25-39	59	69
Women 40-54	56	70
Women 55+	63	81
Respondent occupation scale		
Self-employed	51	65
Managers	46	52
Other white collars	58	60
Manual workers	57	65
House persons	69	80
Unemployed	59	63
Retired	61	77
Students	44	44

Socio-demographic breakdown

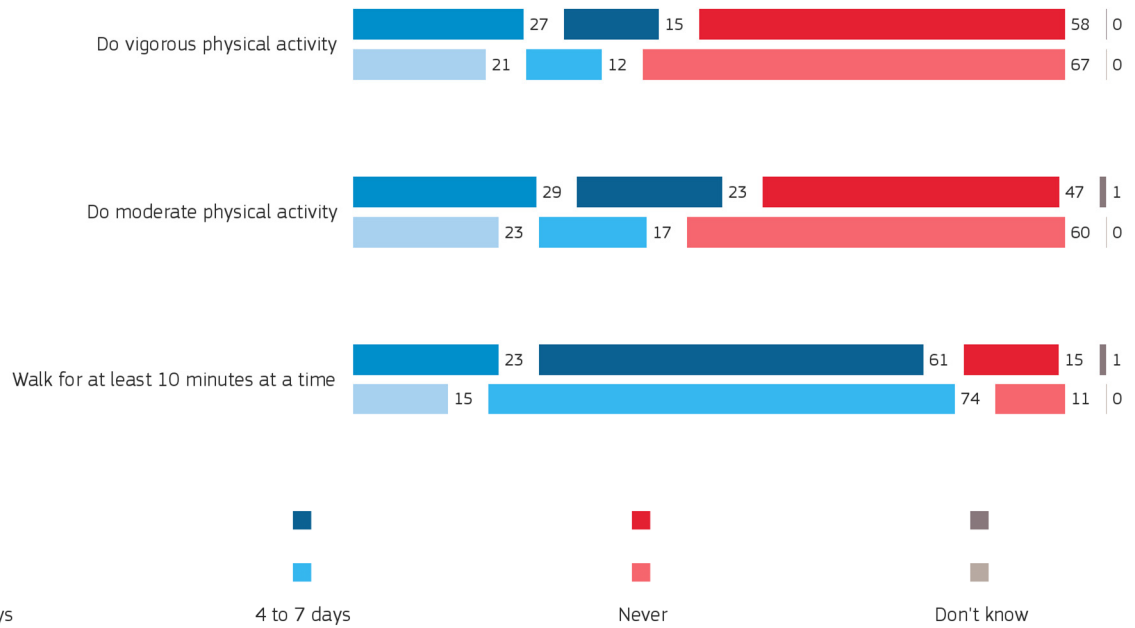
28.031 interviews
02 > 11 / 12 / 2017

1.024 interviews
02 > 09 / 12 / 2017

Methodology: face-to-face

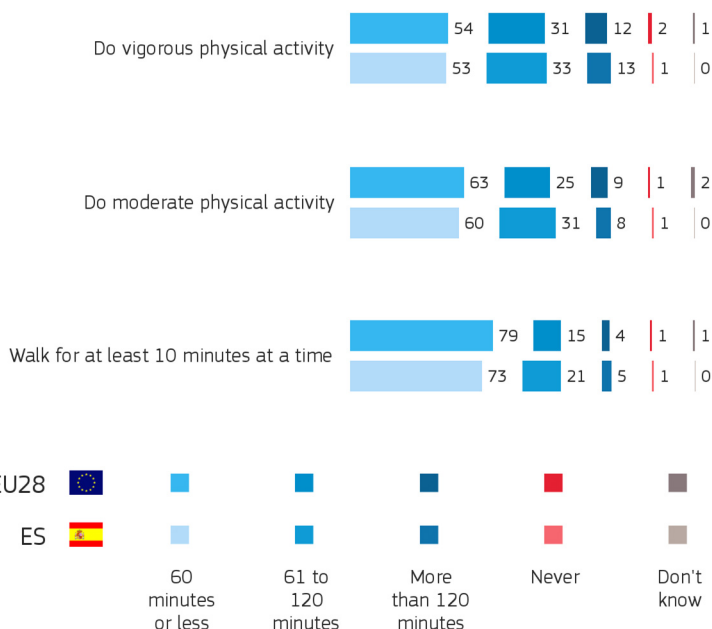
3. LEVELS OF ENGAGEMENT IN PHYSICAL ACTIVITY

QB3aQB4aQB5a In the last 7 days, on how many days did you...?
(%)

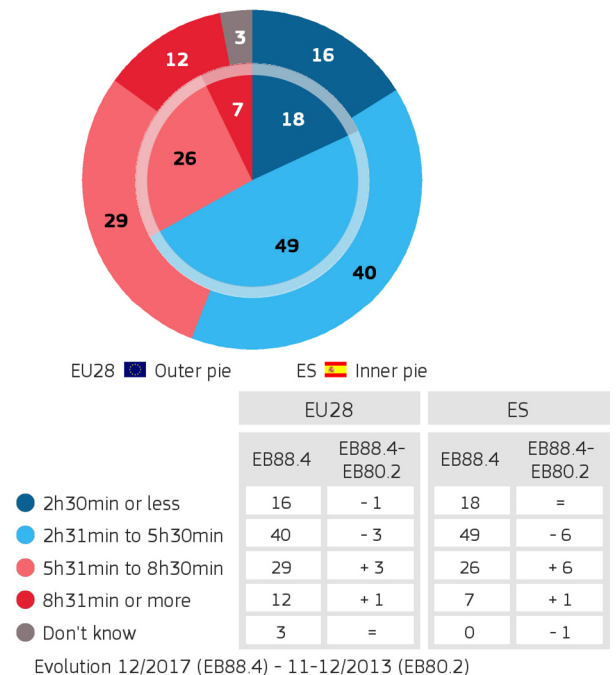


4. TIME SPENT DOING PHYSICAL ACTIVITY AND SITTING

QB3bQB4bQB5b In general, on days when you ..., how much time do you spend at it?
(%)



QB6 How much time do you spend sitting on a usual day? This may include time spent at a desk, visiting friends, studying or watching television.
(%)



Base: respondents who did at least 1 day of activity in the last week

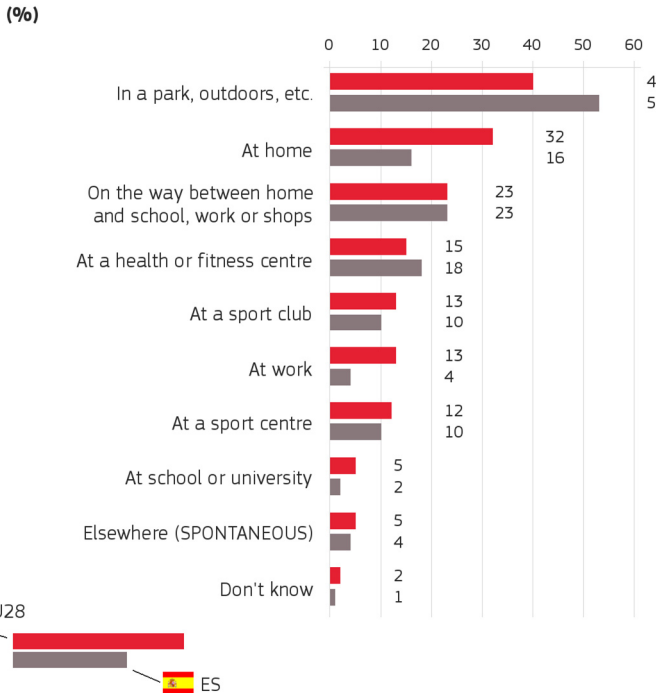
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Methodology: face-to-face

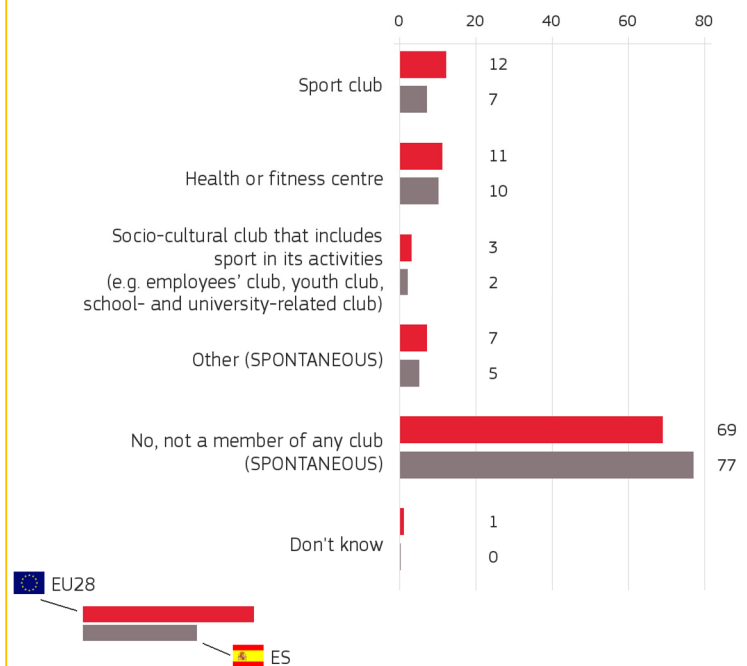
5. SETTINGS WHERE CITIZENS ENGAGE IN SPORT OR OTHER PHYSICAL ACTIVITY

QB7 Earlier you said you engage in sport or another physical activity, vigorous or not. Where do you do this? (MULTIPLE ANSWERS POSSIBLE)



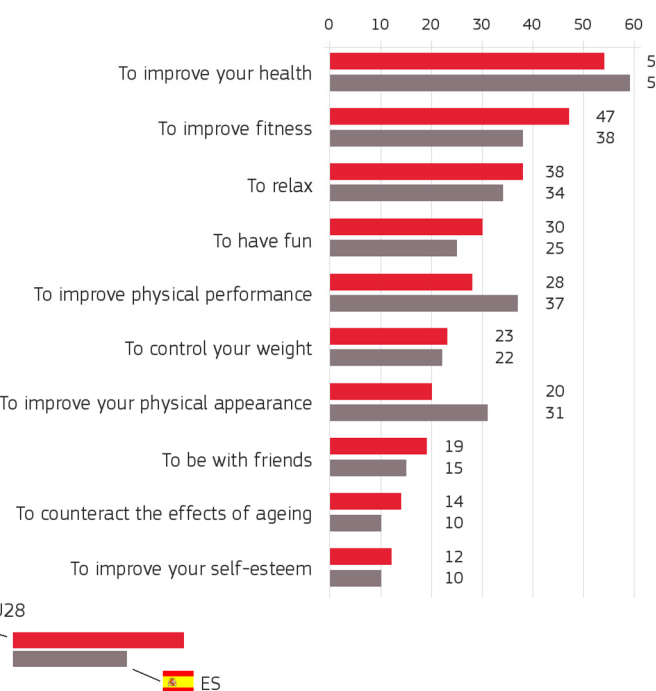
Base: respondents who exercise, play sport or engage in other physical activity

QB10 Are you a member of any of the following clubs where you participate in sport or recreational physical activity? (MULTIPLE ANSWERS POSSIBLE)



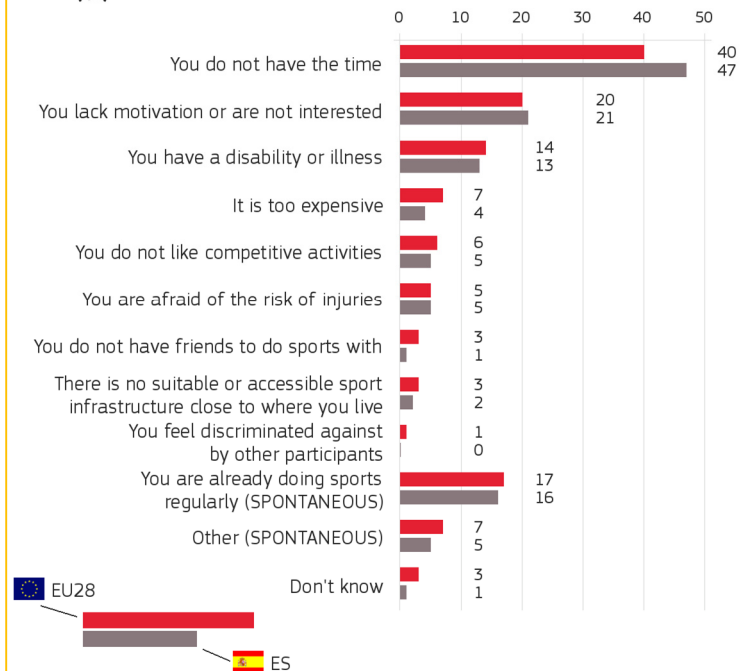
6. MOTIVATORS AND BARRIERS TO SPORT PARTICIPATION

QB8 Why do you engage in sport or physical activity? (MULTIPLE ANSWERS POSSIBLE)



Answers obtaining more than 10% at EU level
Base: respondents who exercise, play sport or engage in other physical activity

QB9 What are the main reasons currently preventing you from practising sport more regularly? (MULTIPLE ANSWERS POSSIBLE)



28.031 interviews
02 > 11 / 12 / 2017

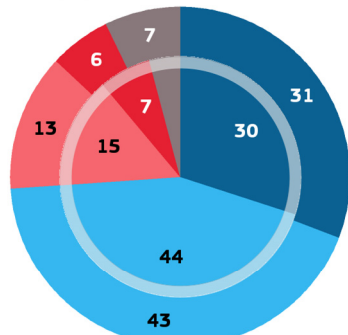
1.024 interviews
02 > 09 / 12 / 2017

Methodology: face-to-face

7. AVAILABLE SUPPORT FOR SPORT PARTICIPATION IN CITIZENS' LOCAL AREA

QB11.1 To what extent do you agree or disagree with the following statements about sport and physical activity?

The area where you live offers you many opportunities to be physically active (%)



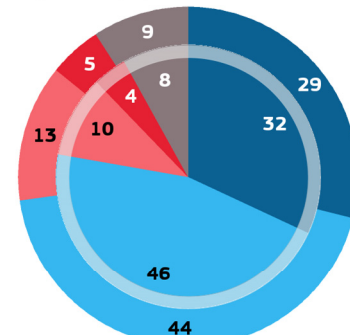
EU28 Outer pie ES Inner pie

	EU28		ES	
	EB88.4	EB88.4-EB80.2	EB88.4	EB88.4-EB80.2
Totally agree	31	- 8	30	- 7
Tend to agree	43	+ 6	44	+ 6
Tend to disagree	13	=	15	+ 1
Totally disagree	6	- 1	7	+ 1
Don't know	7	+ 3	4	- 1

Evolution 12/2017 (EB88.4) - 11-12/2013 (EB80.2)

QB11.2 To what extent do you agree or disagree with the following statements about sport and physical activity?

Local sport clubs and other local providers offer many opportunities to be physically active (%)



EU28 Outer pie ES Inner pie

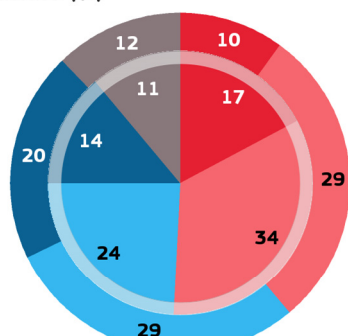
	EU28		ES	
	EB88.4	EB88.4-EB80.2	EB88.4	EB88.4-EB80.2
Totally agree	29	- 7	32	- 3
Tend to agree	44	+ 6	46	+ 4
Tend to disagree	13	+ 1	10	- 1
Totally disagree	5	- 2	4	- 1
Don't know	9	+ 2	8	+ 1

Evolution 12/2017 (EB88.4) - 11-12/2013 (EB80.2)

8. SUPPORTING THE COMMUNITY THROUGH SPORT ACTIVITIES

QB11.3 To what extent do you agree or disagree with the following statements about sport and physical activity?

Your local authority does not do enough for its citizens in relation to physical activities (%)

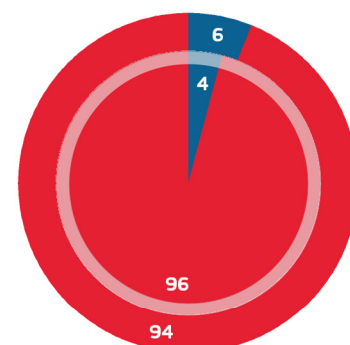


EU28 Outer pie ES Inner pie

	EU28		ES	
	EB88.4	EB88.4-EB80.2	EB88.4	EB88.4-EB80.2
Totally agree	10	- 3	17	- 2
Tend to agree	29	+ 3	34	+ 3
Tend to disagree	29	- 3	24	- 3
Totally disagree	20	=	14	=
Don't know	12	+ 3	11	+ 2

Evolution 12/2017 (EB88.4) - 11-12/2013 (EB80.2)

QB12 Do you engage in voluntary work that supports sporting activities? (%)



EU28 Outer pie ES Inner pie

	EU28		ES	
	EB88.4	EB88.4-EB80.2	EB88.4	EB88.4-EB80.2
Yes	6	- 1	4	=
No	94	+ 1	96	=
Don't know	0	=	0	=

Evolution 12/2017 (EB88.4) - 11-12/2013 (EB80.2)